



Sacred Space Surprise

Leaf

Find your bag for October 18, open it, take out the pretty leaf and hold it in your hand.

Say: Fall is a wonderful time of the year. The colors of the leaves are vibrant and beautiful shades of red, orange, and yellow mixed in with the green. This time of year, with the cooler weather and pretty leaves, it is a wonderful time to take a walk or hike. Notice how gently the leaves detach themselves from the trees and fall to the ground, almost like a whisper.

Ask: Have you ever noticed how often God quietly takes care of His world and us? How if we are not paying attention, we may miss the beauty around us? One day the leaves on the trees are green and the next they have started changing colors almost overnight? Before we know it, the trees will be full of gorgeous colored leaves! If we are quietly paying attention when we are outside, or reading scripture, or praying, we will be more aware of God's presence. They can be considered quiet whispers from God.

Do: Place your leaf in your sacred space. Try to take a walk or hike with your family this week and notice the beautiful things God has created. What do you notice? Do you notice trees, leaves, pumpkins, clouds?

Reflect: Try to remember your favorite sights from your walk. Consider drawing a picture to remember them.

Pray: Say a silent prayer, thanking God for all the beautiful signs of creation on your walk.