

Kindergarten, 1st & 2nd Grade Sunday School

October 18th

The Ten Best Ways to Live (The Ten Commandments)

Today's story is about the Ten Commandments, which we call the Ten Best Ways to Live. The story focuses on Moses and his time with God on Mt. Sinai. The tablets are contained in a red heart-shaped box, further echoing that these best ways came out of God's love for us.

GODLY PLAY AT HOME

- **Read this story** in the Bible. Read Exodus 19 and 20 to understand the larger story of Moses and the commandments.
- **Wonder** aloud as a family, using the wondering questions in our video and also in this newsletter.
- **Create an art response** to today's story. Maybe you'd like to make your own version of the ten best ways to live or your own heart-shaped container.
- **Retell today's story** in your own words. If you have access to sand, create your own desert for retelling these sacred stories from the Old Testament.



MPUMC CHILDREN'S MINISTRIES
GROWING IN GOD'S LOVE



Deuteronomy 6:4-6

"Hear, O Israel: The Lord our God is one Lord, and you shall love the Lord your God with all your heart with all your soul and with all your might."

Wondering...

I wonder how Moses felt going up the holy mountain?

I wonder what Moses and God talked about?

I wonder if it's hard to love God and love people?

Prayer

Dear God, you love us so much that you gave us the ten best ways to live. Help us to follow these ways even when it feels difficult. We love you, Lord, and other people. Amen.